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LINCOLNSHIRE PACEF DROP LIST: DRUGS TO REVIEW FOR OPTIMISED PRESCRIBING

One of the key principles of medicines optimisation is that treatments of limited clinical value or poor cost-effectiveness should not be prescribed and that medicines that are no longer required should be stopped. In this issue of the *PACE Bulletin*, we present the first edition of the PACEF DROP List: *Drugs to Review for Optimised Prescribing*. This is not a 'black' list; i.e. it is not a list of products that should not be prescribed under any circumstances. It is, however, a list of medicines that are less suitable for prescribing and in need of review. In the table below, we summarize some of the opportunities for review and stop of medicines in Lincolnshire primary care. Some of these recommendations are long-standing and are already widely followed; others are new and emerged from the consultation on self-care recently undertaken by the Lincolnshire Clinical Commissioning Groups. This list is by no means exhaustive and there are plans to add more medicines as a wider review progresses in 2017 and beyond. For ease of reference, the table is organised in accordance with old *BNF* style classification wherever possible.

The List begins to promote, for the first time in the *PACE Bulletin*, more active engagement of the patient in the self-care agenda. Where medicines are available to buy, either from a general retailer or community pharmacy at a reasonable price, patients should be encouraged to buy their own treatments for minor ailments. It would be appreciated if practices would participate in the publicity campaign associated with this initiative by displaying the associated posters and making available the relevant supporting information for patients.

Patients should also be encouraged to purchase a small stock of medicines used to treat common ailments for use in their own home. This should include: paracetamol 500mg tablets, paracetamol 120mg in 5ml/240mg in 5ml/500mg in 5ml oral suspension (if there are children in the house), a low cost generic antihistamine such as cetirizine or loratadine (if there are allergy or hay fever sufferers in the house) and the patient's preferred cough and cold remedies. Patients should not be able to stock their medicines cabinet at NHS expense through FP10 prescription; this is equally true for both prescription charge paying and charge exempt patients.

There are a number of different reasons why particular medicines or groups of medicines have been included on the first edition of the DROP List. These include:

- (1) The medicine is available at low cost to buy from a general retailer or community pharmacy.
- (2) The price of the product has escalated significantly outside the price range of lower cost alternatives.
- (3) The medicine is of limited clinical value.

- (4) The medicine is no longer licensed and has limited availability.
- (5) The separate components of a combination product are lower cost than the combination.
- (6) The medicine is not approved for prescribing within the NHS.

Prescribers are encouraged to review all repeat prescriptions for any of the following medicines and to refrain from initiating these products in new patients wherever possible.

LINCOLNSHIRE PACEF DROP LIST: DRUGS TO REVIEW FOR OPTIMISED PRESCRIBING

Gastro-intestinal system

<u>Products for Review</u>	<u>Guidance</u>
<u>Topical treatments for perianal conditions</u>	
<p><u>Soothing haemorrhoidal preparations</u> <i>Anusol</i> cream (RRP: 23g (GSL) £4.21, 43g (GSL) £6.31), <i>Anusol</i> ointment (RRP: 25g (GSL) £4.21) <i>Anusol</i> suppositories (RRP: 12 (GSL) £3.89, 24 (GSL) £6.73), <i>Germoloids</i> cream (RRP: 25g (GSL) £3.69, 55g (GSL) £6.49), <i>Germoloids</i> ointment (RRP: 25ml (GSL) £4.05, 55ml (GSL) £6.49), <i>Germoloids</i> suppositories (RRP: 12 (GSL) £3.85, 24 (GSL) £6.85), <i>Preparation H</i> ointment (RRP: 25g £3.67) <i>Preparation H</i> clear gel (RRP: 25g £3.67, 50g £5.61)</p> <p><u>Lower strength corticosteroid containing haemorrhoidal preparations</u> <i>Anusol Plus HC</i> ointment (0.25% hydrocortisone) (RRP: 15g (P) £5.72), <i>Anusol Plus HC</i> suppositories (hydrocortisone 10mg) (RRP: 12 (P) £5.72), <i>Anusol Soothing Relief Ointment</i> (hydrocortisone 0.25%) (RRP: 15g (GSL) £5.72) , <i>Anusol Soothing Relief</i></p>	<p>Soothing haemorrhoidal treatments and lower strength corticosteroid containing preparations are widely available from general retailers and/or community pharmacies.</p> <p>All patients currently prescribed either a soothing haemorrhoidal preparation or a lower strength corticosteroid preparation should be reviewed and advised to purchase their own supplies in the future.</p> <p>Higher strength corticosteroid containing haemorrhoidal preparations are only available on prescription (e.g. <i>Anugesic HC</i>, <i>Anusol HC</i>, <i>Protofoam HC</i>, <i>Protosedyl</i>, <i>Scheriproct</i>, <i>Ultraproct</i>, <i>Uniroid HC</i> and <i>Xyloproct</i>) and should continue to be prescribed.</p>

<p><i>Suppositories</i> (hydrocortisone 10mg) (RRP: 12 (GSL) £5.72), <i>Germoloids HC Spray</i> (hydrocortisone 0.2%) (RRP: 30ml (GSL) £6.99)</p>	
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Cardiovascular system

<u>Products for Review</u>	<u>Guidance</u>
<u>Anticoagulants</u>	
Phenindione 10mg and 25mg tablets (POM)	The escalating price of phenindione 10mg and 25mg tablets has now reached £520 per month. All patients prescribed phenindione 10mg and 25mg tablets should be reviewed and, where possible, transferred to lower cost anticoagulation. Even newer oral anticoagulants (NOACs) are significantly lower cost than phenindione at present. NOAC Summaries of Product Characteristics (SPCs) and PACEF guidance provide details on how to transfer from vitamin K antagonists to the preferred NOAC.

Respiratory System and Allergy

<u>Products for Review</u>	<u>Guidance</u>
<u>Antihistamines</u>	
Cetirizine 10mg tablets (GSL) Loratadine 10mg tablets (GSL)	<p>Hay fever symptoms can be successfully self-managed by most patients using low cost generic non-sedating antihistamines first line such as cetirizine 10mg or loratadine 10mg tablets. These medicines are now widely available from supermarkets and other retailers at low cost as well as from community pharmacies. Community pharmacists are also ideally placed to provide advice and support to patients suffering from hay fever and sell a wider range of OTC products including nasal corticosteroids.</p> <p>Generic cetirizine 10mg tablets and generic loratadine 10mg tablets are available in packets of 30 for about £1 over the summer; prices tend to go up in the winter.</p> <p>All patients currently prescribed either cetirizine 10mg tablets or loratadine 10mg tablets should be reviewed and advised to purchase their own supplies in the future. Patients should be advised to seek out low cost generics, not high cost brands.</p>
<u>Cough Preparations</u>	
Codeine 15mg in 5ml linctus sugar free 200ml (P) Codeine 15mg in 5ml linctus 200ml (P) Pholcodine 5mg in 5ml linctus 200ml (P) Pholcodine 5mg in 5ml	Weak evidence of benefit from cough suppressants, such as codeine and pholcodine, is being increasingly outweighed by evidence of harm, particularly in children. Cough preparations should no longer be prescribed for coughs associated with viral illness. A wide range of cough preparations are available from supermarkets or community pharmacies for those who wish to continue to take them.

<p>linctus sugar free 200ml (P) (available generically but brands include <i>Care Pholcodine Linctus, Covonia Dry Cough Sugar Free Formula, Pavacol-D</i>) Pholcodine 10mg in 5ml linctus strong 200ml (P) Pholcodine 10mg in 5ml linctus strong sugar free 200ml (P).</p>	<p>Codeine should not be used in children under 12 due to the risk of respiratory side effects. It is not recommended in adolescents (12-18years) who have breathing problems. It is also contra-indicated in breast feeding mothers and patients of any age known to be CYP2D6 ultra-rapid metabolisers.</p> <p>Children under 6 should not be given over-the-counter cough and cold medicines containing pholcodine.</p>
<p><u>Nasal congestion - Pseudoephedrine</u></p>	
<p>Pseudoephedrine hydrochloride 60mg tablets (generic, <i>Galpseud, Sudafed Decongestant Tablets</i> 12 (P) £3.49)</p>	<p>Pseudoephedrine is a drug of limited clinical value and is designated as less suitable for prescribing in the <i>BNF</i>. There are numerous pseudoephedrine products available over-the-counter to buy if the patient wishes to do so including: <i>Sudafed Decongestant Liquid, Sudafed Decongestant tablets, Sudafed Sinus Pressure and Pain</i> tablets.</p>
<p><u>Nasal congestion – Xylometazoline</u></p>	
<p>Xylometazoline hydrochloride 0.1% nasal spray: <i>e.g. Otrivine Congestion Relief 0.1% Nasal Spray</i> (RRP: 10ml (GSL) £4.69), <i>Otrivine Adult Nasal Spray</i> (RRP: 10ml (GSL) £3.36), <i>Sudafed Mucus Relief 0.1% nasal spray</i> (RRP: 15ml (GSL) £4.07) <i>Sudafed Blocked Nose Spray</i> (RRP: 15ml (GSL) £4.07)</p> <p>Xylometazoline hydrochloride 0.05% nasal drops (<i>e.g. Otrivine Child</i>) (RRP: 10ml (P) £3.05)</p> <p>Xylometazoline 0.1% nasal drops (<i>Otrivine Adult</i>) (RRP: 10ml (GSL) £3.36)</p>	<p>Sympathomimetic drugs are of limited clinical value in the treatment of nasal congestion as prolonged use (more than 7 days) can give rise to rebound congestion on withdrawal.</p>

Central Nervous System

<u>Products for Review</u>	<u>Guidance</u>
<p><u>Non-opioid analgesics and compound analgesic preparations</u></p>	
<p><u>Co-proxamol tablets</u> (dextropropoxyphene 32.5mg/paracetamol 325mg)</p>	<p>Co-proxamol tablets are no longer licensed because of safety concerns, particularly toxicity in overdose. The product was withdrawn from the market in 2005; marketing authorisations</p>

(POM)	<p>were cancelled at the end of 2007. PACEF have designated the product as RED-RED and it is no longer available through the <i>Lincolnshire Joint Formulary</i>. The unlicensed status of the product means that clinical and product liability in the event of an untoward occurrence lie with the prescriber.</p> <p>A cost comparison reveals the exceptionally high cost of co-proxamol in comparison to alternatives:</p> <p>Paracetamol 500mg tablets £2.19 (100) Co-codamol 8/500 tablets £2.97 (100) Co-codamol 30/500 capsules £3.50 (100) Co-proxamol tablets £21.38 (100)</p> <p>Prescribers are encouraged to review all remaining patients on co-proxamol with a view to moving them to an alternative therapy.</p>
Tramacet tablets (tramadol 37.5mg/ paracetamol 325mg) (POM)	<p><i>Tramacet</i> is no more effective than established analgesics in acute or chronic pain and is significantly more expensive than alternatives. There are also safety concerns with tramadol in terms of toxicity and misuse.</p> <p>A cost comparison reveals the exceptionally high cost of <i>Tramacet</i> in comparison to alternatives:</p> <p>Paracetamol 500mg tablets £2.19 (100) Tramadol 50mg capsules £2.87 (100) <i>Tramacet</i> tablets £16.13 (100)</p> <p>Prescribers are urged to review all patients on <i>Tramacet</i> with a view to changing their therapy to a more cost-effective alternative.</p>
Dipipanone 10mg/cyclizine 30mg tablets (previously known as <i>Diconal</i>) (CD2 POM)	<p>In May 2011 at the request of the Controlled Drug Accountable Officer and Lincolnshire Police, PACEF issued guidance urging prescribers to review all patients remaining on dipipanone 10mg/cyclizine 30mg tablets (or <i>Diconal</i>) with a view to changing to alternative therapy. This request was made due to the potential for drug misuse and diversion. Since December Quarter 2010, prescribing has declined from 300 prescriptions per quarter to 96 (costing £32,644, an average of £340 per prescription). Dipipanone 10mg/cyclizine 30mg tablets are designated RED-RED and should no longer be prescribed. The opioid of choice for moderate to severe pain is oral morphine. For those patients intolerant of morphine, oxycodone can be considered as an alternative. It is illegal to prescribe dipipanone for addiction unless the GP holds a license (see <i>PACE Bulletin</i> Vol 5 No 8 (May 2011)).</p>

Infections

<u>Products for review</u>	<u>Guidance</u>
<u>Malaria prevention – antimalarials</u>	
Atovaquone with proguanil tablets (<i>Malarone</i>) 12 (POM), Chloroquine 250mg tablets (<i>Avloclor</i>) 20 (POM), Chloroquine phosphate 16mg in 1ml (<i>Malarivon</i>) 75ml (POM), Chloroquine with proguanil tablets (<i>Paludrine/Avloclor</i>) 112 (P), Mefloquine 250mg tablets (<i>Lariam</i>) 8 (POM), Proguanil 100mg tablets (<i>Paludrine</i>) 98 (P)	Drugs for malaria prophylaxis are not prescribable on the NHS; CCGs may investigate circumstances under which antimalarials are prescribed. All malaria prophylaxis must be purchased by the patient either from a community pharmacy or on private prescription.

Endocrine

<u>Products for review</u>	<u>Guidance</u>
<u>Antithyroid drugs</u>	
Liothyronine sodium 20 microgram tablets/capsules for hypothyroidism (POM)	<p>The prescribing of liothyronine is not recommended in any formulation for primary hypothyroidism for the following reasons:</p> <ol style="list-style-type: none"> (1) There is no robust evidence of effectiveness when prescribed either alone or in combination with levothyroxine. (2) It is not licensed for long-term use. (3) There is no unequivocal evidence of benefit to patients. (4) The variation in hormonal content may result in increased serum levels of T3 and subsequent thyrotoxic symptoms, such as palpitations and tremor. <p>In addition to this, as detailed in <i>PACE Bulletin</i> Volume 9 Number 21 (December 2015), the escalating price of the AMCo product has now resulted in liothyronine 20 microgram tablets reaching prices one hundred times the price of generic levothyroxine:</p> <p>Liothyronine sodium 20 microgram tablets £198.62 for 28 Levothyroxine sodium 25 microgram tablets £2.91 for 28 Levothyroxine sodium 50 microgram tablets £1.66 for 28 Levothyroxine sodium 100 microgram tablets £1.66 for 28</p> <p>All patients prescribed liothyronine sodium 20 microgram tablets should be reviewed to ensure that levothyroxine is not an appropriate alternative therapy. Liothyronine sodium 20</p>

	microgram tablets are designated AMBER without shared care and should only be prescribed following specialist initiation.
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Nutrition and Blood

<u>Products for review</u>	<u>Guidance</u>
<p><u>Gluten Free Foods</u> Pizza bases, cereals, pasta, crackers, crispbreads, porridge, savoury biscuits, sweet biscuits and cookies, cakes and cake mixes.</p> <p><u>Note:</u> bread (fresh and long-life), bread mixes and flour remain available on prescription.</p>	<p>Following consultation, a wide range of GF foods are no longer available on NHS prescription in Lincolnshire. These are pizza bases, cereals, pasta, crackers, crispbreads, porridge, savoury biscuits, sweet biscuits and cookies, cakes and cake mixes. All of these products should now be purchased by the patient from their preferred retailer. All of the major supermarket chains now stock a wide range of reasonably priced gluten free foods.</p> <p>Bread (both fresh and long-life), bread mixes and flour can continue to be prescribed on NHS prescription subject to <i>Coeliac UK</i> quantities guidance. The patient must have proven gluten enteropathy and fit within ACBS criteria (i.e. coeliac disease or dermatitis herpetiformis). See <i>PACE Bulletin</i> Vol 11 No 2 (February 2017).</p>
<p><u>Oral Nutritional Supplements containing 1 kcal/ml and less than 5g protein/100ml</u> <i>Ensure Liquid</i> <i>Fresubin Original</i></p>	<p>Oral nutritional supplements containing 1 kcal/ml, such as <i>Ensure</i> and <i>Fresubin Original</i> do not have a high enough energy content and should only be prescribed on the advice of a dietitian. Where an oral nutritional supplement is indicated following MUST assessment, a 1.5kcal/ml or 2kcal/ml product is preferred in most patients. Existing patients should be reviewed at their next scheduled appointment to confirm that the product is still indicated and to ensure that it meets their nutritional needs.</p>
<p><u>Vitamin C and multivitamins</u> Ascorbic acid tablets 50mg, 100mg, 200mg, 500mg Vitamins capsules</p>	<p>In most cases vitamin C and multivitamin supplementation should be purchased OTC.</p>
<p><u>Lactose Intolerance – Infant Formulae</u> <i>Enfamil O-Lac with Lipil</i> , <i>SMA Lactose Free Baby Milk</i>, <i>SMA WySoy</i> , <i>Aptamil Lactose Free Milk Powder</i></p>	<p>A GP will need to diagnose the condition and may need to refer to a dietitian for advice on a lactose free diet. Symptoms usually resolve within 8 weeks.</p> <p>All of the products listed have been designated RED-RED and should no longer be prescribed. They are all available to buy from supermarkets, community pharmacies or on-line. Prices may vary.</p>
<p><u>Gastro-Oesophageal Reflux Disease (GORD) – Infant Formulae</u> <u>Thickened Formula:</u> <i>Aptamil Anti-Reflux Milk Powder</i> <i>Cow & Gate Anti-Reflux Milk Powder</i></p>	<p>Bottle-fed babies experiencing GORD could benefit from thickened formula or thickening formula on GP advice.</p> <p>If cow's milk protein allergy exists with GORD, specialist advice may be necessary.</p> <p>All of the products listed have been designated RED-RED and should no longer be prescribed. They are all available to buy from supermarkets, community pharmacies or on-line. Prices may vary.</p>

<p>Thickening Formula: <i>Enfamil AR Pre-Thickened Formula</i> <i>SMA Staydown Infant Milk</i></p>	
<p>Colic – Infant Formulae <i>Aptamil Comfort Formula Powder</i> (£13.19, 900g) <i>SMA Comfort Infant Milk</i> (£15.20, 800g)</p>	<p>Both of these products have been designated RED-RED and should no longer be prescribed. They are all available to buy from supermarkets, community pharmacies or on-line. Prices may vary.</p>

Musculoskeletal

<u>Products for review</u>	<u>Guidance</u>
<p><u>Strains, sprains and joint disorders – topical rubefaciants</u> Diethylamine salicylate 10% cream (<i>Algesal</i>) (RRP: 50g (P) £2.69; 100g (P) £5.39)</p> <p>Racemic menthol 2% gel <i>Deep Freeze Pain Relief Cold Gel</i> (RRP: 35g £2.49; 100g £4.79) <i>Deep Freeze Pain Relief Cold Spray</i> (RRP: 150ml £3.79) <i>Deep Heat Heat Rub</i> (RRP: 35g (GSL) £2.59, 67g (GSL) £3.89, 100g (GSL) £5.19) <i>Deep Heat Pain Relief Spray</i> (RRP: 150ml (GSL) £4.69) <i>Deep Heat Max Strength</i> (RRP: 35g (GSL) £4.79) <i>Deep Heat Muscle Rescue Neck and Shoulder Cream</i> (RRP: 50ml £5.99)</p> <p>Salicylate 2% cream/gel (<i>MoveLat Relief Cream/Gel</i>) (RRP: 40g (P) £4.62, 80g (P) £7.36) <i>Radian B Muscle Lotion</i> (RRP: 125ml (GSL) £3.59, 250ml (GSL) £5.65) <i>Radian B Muscle Rub</i></p>	<p>Evidence does not support the use of topical rubefaciants in acute or chronic musculoskeletal pain. All of the rubefaciants listed should no longer be prescribed. They are available to buy from supermarkets, community pharmacies or on-line.</p> <p>Topical NSAIDs are preferred for the treatment of chronic musculoskeletal pain and osteoarthritis in appropriate patients. Ibuprofen 5% and 10% gel (<i>Fenbid</i>) is the first line preferred topical NSAID on the <i>Lincolnshire Joint Formulary</i> with the 5% gel available over-the-counter.</p>

(RRP: 40g (GSL) £2.35, 100g (GSL) £3.99) <i>Radian B Pain Relief Spray</i> (RRP: 100ml (GSL) £2.85) <i>Transvasin Heat Rub Cream</i> (RRP: 40g (GSL) £2.99, 80g (GSL) £4.99)	
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Eye

<u>Products for review</u>	<u>Guidance</u>
<u>Hay Fever – inflammation of the eyes – sodium cromoglicate 2% eye drops</u> Sodium cromoglicate 2% eye drops <i>Murine Hay Fever Relief</i> (RRP: 10ml (GSL) £4.99) <i>Opticrom Allergy Eye Drops</i> (RRP: 5ml (GSL) £4.70, 10ml (GSL) £5.74) <i>Opticrom Hayfever Eye Drops</i> (RRP: 5ml (GSL) £4.70, 10ml (GSL) £5.74) <i>Optrex Allergy Eye Drops</i> (RRP: 10ml (GSL) £5.99)	All of these products are available to buy from community pharmacies.
<u>Healthfood supplements marketed as aids to improving eye health</u> <i>Icaps Eye Vitamin Lutein and Omega 3 Formula,</i> <i>Icaps Eye Vitamin AREDS Formula,</i> <i>Icaps Eye Vitamin Multivitamin Formula,</i> <i>Icaps Eye Vitamin Lutein and Zeaxanthin Formula,</i> <i>Macushield</i> preparations, <i>Occuvite Complete Capsules,</i> <i>Preservision Eye Vitamin and Mineral Food Supplement</i>	All of the products listed have been designated RED-RED and should no longer be prescribed. They are all available to buy from community pharmacies or on-line. Prices may vary. Despite a lack of compelling evidence and poor cost- effectiveness, health food supplements containing lutein and antioxidant vitamins such as <i>Icaps</i> (various formulations), <i>Macushield</i> (various formulations), <i>Preservision Original</i> and <i>Preservision Lutein</i> continue to be prescribed on the NHS for the prevention of age-related macular degeneration. Patients concerned about macular degeneration wishing to supplement their dietary intake of these vitamins and minerals should be advised to purchase their own supplies from a community pharmacy, healthfood store or reputable on-line retailer (see <i>PACE Bulletin</i> Vol 9 No 9 (June 2015)).

<p>capsules (original), <i>Preservision Eye Vitamin and Mineral Food Supplement capsules (Lutein), Viteyes AREDS 2 Advanced Antioxidant Vitamins plus Zinc, Lutein and Zeaxanthin capsules, Viteyes 2 plus Omega-3 Softgels, Visionace Original tablets, Visionace Plus Omega 3 tablets</i></p>	
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Ear, Nose and Throat

<u>Products for review</u>	<u>Guidance</u>
<p><u>Removal of ear wax</u> <i>Cerumol Ear Drops (RRP: 11ml (P) £3.65), Cerumol Olive Oil ear drops (RRP: 10ml £3.99), Exterol Ear Drops (RRP: 8ml (P) £2.80) , Otex Ear Drops (RRP: 8ml (P) £4.75), Otex Express Ear Drops (RRP: 10ml £5.06)</i></p>	<p>Low cost olive oil, arachis oil or urea hydrogen peroxide products for softening and removal of ear wax are available to buy from community pharmacies. In most cases self-care is appropriate.</p> <p>All of the products listed have been designated RED-RED and should no longer be prescribed. They are all available to buy from community pharmacies.</p>

Skin

<u>Products for review</u>	<u>Guidance</u>
<p><u>Bath and shower emollients for dry skin</u> <i>Aveeno Bath and Shower Oil (RRP: 250ml £7.70) Balneum Bath Oil (RRP: 200ml (GSL) £4.47, 500ml (GSL) £9.68, 2 x 500ml (GSL) £18.70) Balneum Plus Bath Oil (RRP: 500ml (GSL) £11.99) Cetraben Bath Additive (RRP: 500ml (GSL) £9.75) Dermol 200 Shower Emollient (RRP: 200ml</i></p>	<p>Emollient bath additives are no longer considered appropriate as standard total emollient therapy. The amount of emollient deposited on the skin during bathing or showering using a bath or shower emollient is likely to be far lower than that deposited from directly applied emollients after bathing or showering. Safety is also a key issue as bath and shower emollients create a very greasy and slippery surface in the bathroom and significantly increase the risk of falls and injuries (see <i>PACE Bulletin</i> Vol 9 No 5 (May 2015)).</p> <p>Patients using bath and shower emollients need to be reviewed; larger quantities of conventional emollients may need to be prescribed to compensate for the removal of the bath/shower emollient from their treatment regimen.</p>

<p>(P) £6.39) <i>Dermol 600 Bath Emollient</i> (RRP: 600ml (P) £13.59) <i>Doublebase Emollient Bath Additive</i> (RRP: 500ml (GSL) £9.80) <i>Doublebase Emollient Shower Gel</i> (RRP: 200g (P) £9.38) <i>E45 Emollient Bath Oil</i> (RRP: 250ml (GSL) £5.09, 500ml (GSL) £8.16) <i>Hydromol Bath and Shower Emollient</i> (RRP: 350ml (GSL) £8.29, 500ml (GSL) £10.99, 1 litre (GSL) £20.49) <i>Oilatum Bath Formula</i> (RRP: 150ml £5.06, 300ml £9.14) <i>Oilatum Junior Bath Additive</i> (RRP: 150ml (GSL) £5.05, 250ml (GSL) £5.85, 300ml (GSL) £9.14) <i>Oilatum Shower Gel</i> (RRP: 150g (GSL) £9.27)</p>	
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